

Everest Base Camp - Kalapattar & Gokyo Trek

Total Cost: INR 61000 (Ktm to Ktm)
Grade: Strenuous | Maximum Altitude: 18500 ft
Region: Nepal Himalayan Range



Lukla

Mt Everest does not need any introduction, the highest peak in the world is not only the most sort after mountain to climb; even the Trek to BC is equally popular. It is referred as 'Mother of all Treks' The sheer presence of the world's highest peak makes the trek more interesting. Trekking parallel to the gushing Dudh Koshi River and later the Kumbha glacier is an experience any adventure seeking person would not like to miss. The Best view of Mt Everest is from Kala Patthar that is located close to Gorakshep.

Route: Lukla - Monjo - Namche Bazar - Mongla - Dole - Deboche - Machhermo - Gokyo - Gokyo Ri - Thaknak - Cho La Pass - Doznglha - Lobuche - Gorakshep - Everest Base Camp (EBC) - Gorakshep - Kala Pattar - Pheriche - Namche Bazar -

Average Trek Time: 5-8 hrs per day

Itinerary

Day 01: Kathmandu

Arrive in Kathmandu. Transfer to the hotel. Detailed briefing about the trek in the evening, O/N at Hotel

Day 02: Lukla(2840m) - Begin Trek - Monjo(2940m)

Half an hour morning flight to Lukla, one of the highest airports in the world. Start our trek to north up the Dudh Kosi valley to Monjo. Where it officially enters Sagarmatha (Everest) National Park, a UNESCO World Heritage site. O/N at guest house

Day 03 & 04: Namche Bazar

Elevation: 3440m, **Trek Time:** 5-6 hours

Trekking along the banks of the Dudh Kosi, crossing this majestic river many times on exciting suspension bridges laden with prayer flags brings us to the Namche Bazar, the Sherpa Capital town. O/N at hotel. Acclimatization day at Namche Bazar. Catch a first glimpse of Everest during a steep climb to Shangbouche.



Day 05: Mongla

Elevation: 3973 m, **Trek Time:** 5-6 hrs

It is a very beautiful place perched on the spur of Mt. Khumbila during the trek we will have the grandest views of surrounding snow-capped mountains and valleys. O/N at guest house

Day 06: Dole

Elevation: 4,110 m, **Trek Time:** 6 hrs

It includes steep trek out of the valley through rhododendron forest. O/N at guest house

Day 07: Machhermo

Elevation: 4470 m, **Trek Time:** 5-6 hrs

During the trek, small clusters of bright scrub juniper stand out in the background of snowy white peaks. O/N at guest house

Basecamp Adventures Pvt Ltd

Adventure | Outbound Training | Consulting

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Day 08 & 09: Gokyo

Elevation: 4800 m, Trek Time: 4-5 hrs

Today while climbing, we can see fabulous view of both down the valley and of the Mt. Kangtega, Thamserku, and northern part to the Cho-Oyu (8153m). O/N at guest house

Next day Acclimatization trek to Gokyo Ri (17,571 Ft) back to Gokyo, O/N at guest house

Day 10: Thaknak

Elevation: 4750 m, Trek Time: 4-5 hrs

We trek to Thaknak by the second Lakes and the Ngozumba Glacier. O/N at guest house

Day 11: Cho-la Pass

Elevation: 5367 m, Trek Time: 6-7 hrs

It is the highlight of the trek. It's one of the toughest and steep passes and involves a glacier traverse on the eastern side. O/N at guest house of Dzongla.

Day 12: Lobuche

Elevation: 4910 m, Trek Time: 6 hrs

A short trek through grassy trail. O/N at guest house



Day 13: Gorakhshep - Mt. Everest Base Camp - Gorakhshep

Elevation: 5153 m, Trek Time: 2-3 hrs

The trail to Gorak Shep goes ahead through the lateral moraine of the Khumbu Glacier. In the early afternoon we trek to the Mt Everest base camp (17,575 ft). We take the trail to Everest Base Camp through the once vast Gorak Shep Lake. Continuing straight ahead, we come through the Indian army mountaineers' memorials. O/N stay at Gorakhshep

Day 14: Gorakhshep - Kala Patthar(5545 m) - Gorakhshep - Pheriche

We start early in the morning around 3 AM to catch the dramatic views from Kala Patthar witnessing the first light of day shining on Mt. Everest. We come back to

Gorakhshep and head down the glacier, reenter the lush and beautiful valleys, surrounded by spectacular snow-capped peaks. O/N at Pheriche.

Day 15: Namche

Trek down a steep trail to the Dudh Kosi and climb to Namche Bazar. O /N at guest house.

Day 16: Lukla

The final day of our descent, we'll have a long and leisurely trek back to Lukla. O/N at guest house

Day 17: Kathmandu,

Weather permitting, we'll fly back to Kathmandu today and enjoy the rest of the day at leisure. O/N at Hotel.

Day 18: Transfer to airport for departure

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Cost Includes

- Travel from Katmandu to Katmandu
- Hotel accommodation in Kathmandu (Twin or Triple sharing and ONLY for 2 days, extra stay due to flight delay will be borne by participants)
- Adventure Expert, Guide, Porters
- First-aid Kit
- Trekking Permit and Fees
- Guest Houses (with Cot, Bed, Blanket, Toilets, 2-3 sharing basis)

Cost Excludes

- Food (**Note: food will be approx INR15000 to INR 17000**)
- Purified/Bottled/Hot water, Hot water for shower, Camera/Handycam Fee, Personal Medication, Extra luggage, Laundry, Telephone, any other cost personal in nature
- Helicopter rescue cost, Medical facility
- Travel and rescue insurance
- Any travel or de-route plans that is not part of the event
- Any additional transport or portage due to Landslides/Weather/Roads etc
- Any cost due to delay on account of Weather/Climate changes/ Landslide/Rain/Snowfall etc
- Extra night accommodation in Kathmandu because of early arrival, late departure, and early return from the mountain(due to any reason) than the scheduled itinerary

Registration & Payment mode

- Net transfer - State Bank of India, Current a/c # 31845590940, Basecamp Adventures Pvt Ltd, HSR Layout Branch, Bangalore, IFSC Code SBIN0030495
- Online Payment: <https://www.onlinesbi.com/prelogin/icollecthome.htm?CORPID=358099>
- Select Payment Proceed > All India > Commercial Services > Basecamp Adventures > Himalayan Trek
- Cash payment - Visit our office between 10 am - 7 pm

Cancellation Policy

- Cancellations or transfer of registration will have to be in writing
- Cancellation fees - Before 25 days 75 % refund, 24-10 days 50% refund, 09-01 days 0% refund

Terms & Conditions

- Its mandatory for participants to fill and sign the declaration forms
- Participants are on the expedition on their own risk, fitness responsibility is of the participant
- Basecamp Adventures will not be responsible or liable for any losses, damages, expenses, accidents, mishaps or loss of life during the expedition
- Basecamp Adventures will have qualifies/experienced mountaineers as guides and leaders on the program
- The expedition will be lead by a leader who is also a qualifies mountaineer deputed by Basecamp Adventures
- The final call on route or changes in expedition due to weather will be taken by the leader
- Participants will get participation/summit certificate from Basecamp Adventures on request

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